

Example of the difference between authentic relationships and the negative impact AI, used in digital assistants such as Alexa, could have on these through the way it forms us, alongside self-analysis and our choices.

| <i>Characteristics of true image bearing in authentic relationships</i> | <i>Influence of digital technology and personified AI</i> | <i>How am I being formed by AI and digital technology?</i> | <i>What are my choices?</i> |
|---|---|---|---|
| <ul style="list-style-type: none">• Love• Commitment• Kindness• Prefer others over ourselves• Encourage one another• Listening• Empathizing• True intimacy | <ul style="list-style-type: none">• Abrupt communication• Inability to pay attention• Lack of focus• Diminished ability to reflect and think• Preferred because:<ul style="list-style-type: none">– don't answer back– empathetic– easier to deal with– do what one commands• Gender stereotyping• Personification• Accept answers unquestioningly• Reliance on device | <ul style="list-style-type: none">• How much time am I spending in a digital world vs the real one?• Which do I prefer?• Do I prefer to text?• Do I pay attention to others and listen?• Do I find it easy to empathize?• What are my expectations of others?• What am I prepared to give in relationships?• How do I view others, such as women?• Can I live without it? | <ul style="list-style-type: none">• Give preference to face-to-face over virtual• Use text search and a neutral search engine instead of a digital assistant• Limit use• Can I do it another more human way?• Avoid |
